

Connemara Mountain Walking Festival, Leenane

Guide to walk difficulty

Grade A



Difficulty:

Hard

Duration:

>7hrs

Ground:

Rough/Rigid

Grade B



Difficulty:

Moderate/Hard

Duration:

<7hrs

Ground:

Rough

Grade C



Difficulty:

Moderate

Duration:

<7hrs

Ground:

Diverse

Experienced walkers of good fitness and endurance. Terrain is open mountain side with little or no trail.

Experience in mountains with average fitness. Terrain is diverse, often wet, some steep locations.

No experience necessary, fitness average. Terrain is diverse with bog, rock & rough trail in sections. Slight/Moderate climbs .

Equipment: Hiking boots, Rain gear, Walking poles, Woollen socks x 2, Wicking underwear, Lightweight fleece, Lunch, Warm hat

Equipment: Hiking boots, Rain gear, Walking poles, Woollen socks x 2, Wicking underwear, Lightweight fleece, Lunch, Warm hat

Equipment: Hiking boots or shoes, Rain gear, Woollen socks, Walking pole, Lunch, Wicking underwear, Warm hat, Lightweight fleece